



**21-DAY
FAST**

FASTING FORWARD



FASTING FORWARD 2024

21 Days of Prayer and Fasting

WEEK 1: Trust and Assurance

1/14 - Architect | Jeremiah 29:11 | For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. SONG: "He's In Control"

1/15 - Guide | Isaiah 58:11 | The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail. SONG: Big

1/16 - Anchor | 1 Peter 5:7 | Cast all your anxiety on him because he cares for you. SONG: All In His Hands

1/17 - Partner | Isaiah 41:10 | So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. SONG: I Am Not Alone

1/18 - Defender | 2 Chronicles 20:17 | You will not have to fight this battle. Take up your positions; stand firm and see the deliverance the Lord will give you, Judah and Jerusalem. Do not be afraid; do not be discouraged. Go out to face them tomorrow, and the Lord will be with you. SONG: This Is How I Fight My Battle (Surrounded)

1/19 - Provider | Psalm 23:1 | The Lord is my shepherd; I shall not want. SONG: Psalm 23 (I Shall Not Want)

1/20 - Sustainer | Psalm 121:1-2 | I lift up my eyes to the mountains-where does my help come from? My help comes from the Lord, the Maker of heaven and earth. SONG: My Help

WEEK 2: Promise and Protection

1/21 - Defense | Psalm 93:4 | Mightier than the thunder of the great waters, mightier than the breakers of the sea —the Lord on high is mighty. SONG: Lord You're Mighty

1/22 - Strength | Psalm 18:1-2 | I love you, O Lord, my strength. The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold. SONG: You Are My Strength

1/23 - Grace | 2 Corinthians 12:9 | But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. SONG: Grace

1/24 - Restorer | 2 Corinthians 4:8-9 | We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. SONG: The Corinthian Song

1/25 - Shield | Psalm 28:7 | The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him. SONG: God Is

1/26 - Ever-present Help | Psalm 46:1 | God is our refuge and strength, an ever-present help in trouble. SONG: Total Praise

1/27 - Covenant Keeper | Deuteronomy 7:9 | Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments. SONG: Covenant Keeping God

WEEK 3: Faith and Victory

1/28 - Navigator | Proverbs 3:5-6 | Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. SONG: I Trust You

1/29 - Atmosphere Shifter | Exodus 14:21-22 | Then Moses stretched out his hand over the sea, and all that night the Lord drove the sea back with a strong east wind and turned it into dry land. The waters were divided, and the Israelites went through the sea on dry ground, with a wall of water on their right and on their left. SONG: Wind of God

1/30 - Promise Keeper | 2 Corinthians 1:20 | For no matter how many promises God has made, they are 'Yes' in Christ. And so through him the 'Amen' is spoken by us to the glory of God. SONG: I Agree

1/31 - Encourager | Joshua 1:9 | Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go. SONG: No Reason To Fear

2/1 - Dwelling Place | Matthew 6:33 | But seek first his kingdom and his righteousness, and all these things will be given to you as well. SONG: Chasing After You

2/2 - Conqueror | 1 Corinthians 15:57 | But thanks be to God! He gives us the victory through our Lord Jesus Christ. SONG: Victory Belongs to Jesus

2/3 - More Than Enough | Ephesians 3:20-21 | Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. SONG: He's able.